

# Step Up! Into Life after High School Session 10

Where Will I Live? A look at housing options DD-Waiver



#### What You Will Learn

HCBS-DD Waiver Housing Options



### **House Choice Vouchers (Section 8)**

Link to the Colorado Division of Housing website, and you can click around to learn about the various housing programs.

- https://www.colorado.gov/pacific/dola/housing
   -choice-voucher-program
- https://www.colorado.gov/pacific/dola/housing
   -voucher-programs



#### What is a PASA?

#### A Program Approved Service Agency (PASA)

- Is a provider that is approved by the State of Colorado and are required to be licensed by the Department of Public Health and Environment and/or The Department of Health Care Policy and Financing (HCPF).
- You and your loved one choose a provider that fits their needs, strengths, values and norms.
- They provide all services under that waiver programs from Respite, to day program, to Supported Employment to <u>Residential services</u> (Service availability are based on which waiver program your loved one is enrolled in).



### **HCBS-DD Waiver Housing Options**

- Personal Care Alternative (PCA):
- Apartment
- Small Group Home (3 individuals)
- Family Caregiver ACT
- Family Owned PASA
- Host Home (HH)
- Group Home (GH)
- Home Ownership/Rental
  - \*Can use a House Choice Vouchers (Section 8) if living in PCA, HH or GH.
  - \*\*Cannot use a House Choice Vouchers (Section 8) if living in the family home while accessing the Family Caregiver act



### **HCBS-DD Waiver Housing Option: PCA Apartment Program**

#### Personal Care Alternative: Apartment Program

An <u>Apartment Program</u> is several people with disabilities living in the same apartment complex and receiving support from the same PASA staff members.

If your loved one lives in an apartment program you can expect:

- Them living in an apartment, either alone or with a roommate.
- There will be people who will come to their home and help/provide support like keep the place clean, shopping or cooking.
- There will always be someone available to help 24 hours a day:
  - Some PASAs have Onsite supports
  - Some have on call supports.
- They can get support getting to work.
- They can get supports getting to other activities during the day.
- They will live mostly independent lives, and can be involved in activities with other people living in the apartment complex (those with or without disabilities).



### HCBS-DD Waiver Housing Option: PCA Small Group Home

Personal Care Alternative: Small Group Home setting(rare)

A <u>Small Group home with up to 3 individuals</u> disabilities living in the same apartment, condo. Each having their own room, and receiving support from the same PASA staff members.

If your loved one lives in an PCA Small Group home program you can expect:

- Them living with a roommate.
- There will be staff at the home either 24/7 or during awake hours
- They can get support getting to work.
- They can get supports getting to other activities during the day.
- They will live somewhat independent lives, and can be involved in activities with other people living in their community (those with or without disabilities).



### HCBS-DD Waiver Housing Option: PCA Family Caregiver ACT

Personal Care Alternative: Family Caregiver ACT\*\*\*
The Family Caregiver ACT\_is a delivery method for services that allows family members for individuals to be paid for supports.

If your loved one lives under the Family Caregiver ACT they can live in any of the following: (It is a PCA setting, where people work 40 hours)

- The home of their family, where a family member is either
  - Paid full time, part time, is paid as the back-up staff or is not paid at all, but the individual lives in the family home
- They live in their own apartment, where a family member is either:
  - Paid full time, part time, is paid as the back-up staff or is not paid at all, but the individual lives an apartment the family owns
- They will live as independent lives as they want.

\*\*\*Note Family Caregiver ACT has many options and areas families can provide supports in any of the DIDD waiver programs, look for our FCG training done 1-2 times a year.



### **Family Caregiver PCA options**

- Under the FCA a person/individual in the DD/Comp waiver can live in a number of different support situations...
  - The home of their family where family member is paid <u>full</u> time
  - The home of their family where family member is paid <u>part</u> time
  - The home of their family where family member is paid <u>back-up</u> provider, if needed
  - The home of their family where family member is <u>not</u> paid at all, but the individual lives in the family home
- They live in their own home, and family provides some kind of support
  - Their own apartment where their family member is paid <u>full</u> time (they do not have to live with anyone)
  - Their own apartment where their family member is paid <u>part</u> time
  - Their own apartment where their family member is paid <u>back-up</u> provider, if needed
  - Their own apartment where their family member is <u>not</u> paid at all, but the individual lives in an apartment owned by the family



### HCBS-DD Waiver Housing Option: PCA Family Owned PASA

Personal Care Alternative: Family Owned PASA
The Family Owned PASA is an agency created by family members

The **Family Owned PASA** is an agency created by family members or guardians that is incorporated in the State of Colorado to provide services to persons with a I/DD. AKA Micro board.

The Micro Board Option under the Developmental Disabilities Waiver is not a separate waiver.

- It is an agency created by family members or guardians, incorporated to do business in the State of Colorado, whose scope is solely to provide DD Services to one person with a developmental disability.
- The person <u>cannot be living with the family</u>.
- You and/or your representatives can directly control implementation, such as who is hired or fired, what types of incentives are provided to retain good employees, and what type of training is required, or oversight regarding the quality of the services.



## HCBS-DD Waiver Housing Option: PCA Family Owned PASA

Personal Care Alternative: Family Owned PASA (Continued) The Family Owned PASA is an agency created by family members or guardians that is incorporated in the State of Colorado to provide services to persons with a I/DD. AKA Micro board.

If your loved one lives in Family Owned PASA setting you can expect:

- They may live in either a place of their own (perhaps with a section 8 voucher or a place purchased by them or a family member) or with family.
- They could have a housemate, too. It's really open for a lot of creativity.
- However, it is a lot of work.
  - The family PASA is really no different than utilizing another agency PASA because all the same rules must be followed for running a business and being certified by Medicaid.
  - But as a family PASA, there is often less overhead for the agency (depending on how it is structured), leaving more financial resources for support needs.
- Plus, since you own the business, you get to make person centered decisions that more closely meet the needs of your loved one.
- There will be people/providers to support them, depending on their needs, but will there will always be someone available to help, depending their support needs.
- One might need to be creative to make it work within the budget.



### **HCBS-DD Waiver Housing Option: Host Homes**

#### **Host Homes:**

Are places where people with intellectual and developmental disabilities live with another family, couple or single person.

If your loved one lives in Host Home setting you can expect:

- There might be one other person with a disability living in the host home (normally only 2 individuals per home).
- There will be staff at the home 24/7.
- They can get support getting to work.
- They can get supports getting to other activities during the day.
- They will live somewhat independent lives and can be involved in activities with other people living in their community (those with or without disabilities).
- You will be able to interview the host family and visit before you commit to moving in with them.
- The family that lives in the home where your loved one will live are paid to support their Activities of Daily Living.
- They will probably eat meals together and go to community activities together on weekends and evenings.
- They will have their own room.
- They must pay for their own room and board (like all adults).



### HCBS-DD Waiver Housing Option: Group Homes

#### **Group Homes:**

Are places where people with intellectual and developmental disabilities live in a home with 3 to 7 other people with disabilities. The house is owned by an PASA.

If your loved one lives in Group Home setting you can expect:

- There will be staff there 24/7, either awake over night (based on the individuals in the homes needs) or sleeping at night.
- Staff will help or complete household duties.
- They can get support getting to work or other activities during the day.
- They will live somewhat independent lives and can be involved in activities with other people living in their community (those with or without disabilities).
- Staff are paid to support your loved ones Activities of Daily Living.
- They will probably eat meals together and go to community activities together on weekends and evenings.
- They will have their own room.
- They must pay for their own room and board (like all adults). Everyone in the home will probably eat meals together at certain times during the day.
- At night sometimes people watch TV together, go out to an activity with others or have private time in your room.



### **Questions?**





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